

Partners in Crime: Unhealthy Connections between Food and Mood, Food Systems and Mental Health Systems

Let's Stop Saying Mental Illness: Web Essay by David Oaks, Executive Director of Mind Freedom International

MindFreedom International website: <http://www.mindfreedom.org/>

Coalition Against Psychiatric Assault website: <http://capacanada.wordpress.com/>

Masters of Bedlam (a history of Psychiatry), 1996, [Andrew T. Scull](#) . [Charlotte MacKenzie](#) [Nicholas Hervey](#) 1996

Daggers of the Mind: Gordon Warne

Food and Mood: Elizabeth Somer

Healing with Whole Foods: Paul Pritchford

My Big Fat Diet: DVD by Barb Cranmer of Alert Bay and Mary Bissell and Christian Bruyere

Yoga Journal website: <http://www.yogajournal.com/>

Unnatural Causes: <http://www.unnaturalcauses.org/>

Canadian Horticultural Therapy Website: <http://www.chta.ca/>