

Connections between Food/Mood and Oppression: Resources

Coalition Against Psychiatric Assault <http://coalitionagainstpsychiatricassault.com/>

PsychOut 2011 <http://www.theopalproject.org/psychout.html>

MindFreedom International <http://www.mindfreedom.org/>

Sandra Sweetman <http://www.mydivineblueprint.com/>

Sandi Lyotomaki: The Conscious Traveller <http://www.conscioustraveller.com/>

In Defense of Food - Michael Pollan

The World We Used to Live in : Remembering the Power of Medicine Men – Vine Deloria Jr.

Race and the Cosmos: An Invitation to View the World Differently – Barbara Holmes

Palestinian Cookery: Christiane Daboub Nasser

When the Drummers were Women – Layne Redmond

Anatomy of an Epidemic : Robert Whitaker

Providence Farms: <http://www.providence.bc.ca/>

Nutricide: The Nutritional Destruction of the Black Race – Laila O. Afrika

Discovering our Ancestor's Gardens: Indigenous Recipes and Guide to Diet and Fitness
Devon Abbott Mihesuah

Masters of Bedlam: The Transformation of the Mad Doctoring Trade – Andrew T. Scull

New Flavours of the Jewish Table – Denise Phillips

ISIS – Integrative Arts Therapy Training Centre

Trace your DNA and find out your ancestral heritage – National Geographic (you can send them a piece of your hair and they will trace your DNA back as far as they can and send you a write up – for only \$40) <https://genographic.nationalgeographic.com/genographic/lan/en/genealogy.html>

Mandaza – medicine person from Zimbabwe

Stella Chiweshe – musician and healer, also of Zimbabwean origins

The Natural Connection: Horticultural Therapy International
<http://www.thenaturalconnection.ca/training/nai/horticultural-int.html>

Yoga Journal <http://www.yogajournal.com/>

Healing with Whole Foods – Paul Pitchford

Crazy Like Us – The Globalization of The American Psyche : Ethan Watters